



OUTSIDE-THE-BOX AUTISM CHEAT SHEET

YOUR QUICK GUIDE TO
QUALITY RESOURCES



RECOMMENDED THERAPY PROGRAMS & READING

THE SON-RISE PROGRAM®

Books for parents to read:

- *Autism Breakthrough* by Raun K. Kaufman
- *What You Can Do Right Now to Help Your Child with Autism* by Jonathan Levy
- *Autistic Logistics* by Kate C. Wilde
- *The Autism Language Launcher* by Kate C. Wilde

BIOMEDICAL THERAPY

Books for parents to read:

- *Healing the New Childhood Epidemics* by Kenneth Bock, M.D.
- *The Autism Revolution* by Martha Herbert, M.D., PhD.
- *The Autism Book* by Robert Sears, M.D., FAAP
- *Eating for Autism* by Elizabeth Strickland, MS, RD, LD
- *The Daniel Plan: 40 Days to a Healthier Life* by Rick Warren, D Min., Daniel Amen, M.D., and Mark Hyman, M.D.

OTHER THERAPY OPTIONS & RESOURCES

- Private Occupational Therapy (check your local listings)
- SOS Feeding Therapy
- Brain Balance Therapy
- **Books for parents to read:**
- *Reset Your Child's Brain: A Four-Week Plan to End Meltdowns, Raise Grades, and Boost Social Skills by Reversing the Effects of Electronic Screen-Time* by Victoria L. Dunckley M.D.
- *Uniquely Human: A Different Way of Seeing Autism* by Barry M. Prizant, PhD.



RECOMMENDED BLOG POSTS & PODCAST EPISODES

BLOG POSTS

CindyRinna.com:

["10 Tips for Homeschooling a Child with Autism"](#)

["Finding Your New Normal"](#)

["Why I am Thankful for Autism"](#)

["Speech Therapy on a Shoestring Button"](#)

["What is The Son-Rise Program®?"](#)

["10-Day Detox for Autism & ADHD"](#)

["What is Autism? A Peek at Both Sides of the Spectrum"](#)

["What is the Best Homeschool Approach for a Child with Autism"](#)

["The 2 Sides of Sensory Processing Disorder You Never Knew Existed"](#)

["Autism Breakthrough: A Book Review"](#)

PODCAST EPISODES

Homeschooling Outside the Box:

["Autism in the Teen Years with Raun K. Kaufman"](#)

["How to Help Your Child Deal with Anxiety"](#)

["Inspiring Speech with Kate Wilde, Director of The Son-Rise Program®"](#)

["Seeing Autism in a New Light with Bryn Hogan, Executive Director of the Autism Treatment Center of America®"](#)